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BULLETIN OF THE ROTARY CLUB OF WAGGA WAGGA Inc. - CHARTERED 1930

Web: - www.waggarotary.org Facebook: - https://www.facebook.com/waggawaggarotary

Postal Address: - PO Box 246, Wagga Wagga, 2650

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Area Three Gov: Elaine Almond

Club President: David Wynne

Club Secretary: Ellen Brasier



THE FOUR WAY TEST:

Of the things we think, say or do: -

- > Is it the truth?
- Is it fair to all concerned?
- > Will it build goodwill & better friendships?
- > Will it be beneficial to all concerned?

BULLETIN NO: 37

Thursday 20th April 2023

APRIL IS ENVIRONMENT MONTH EARTH DAY 22ND APRIL

Club meets at 6:00 PM for 6.30 PM at the WAGGA WAGGA RSL CLUB, (unless stated otherwise below).

<u>Duty Roster:</u> Please record known future absences in the Apologies Book displayed at meetings, and these will be taken into account when framing duty rosters. Otherwise, IT IS IMPORTANT that you arrange a replacement if you can't fulfil a listed duty, and advise the Bulletin Reporter

Date:	27 th April	4 th May	11 th May
	Social Night (At the Book Fair Shed Copland St.)	Bruce Duff Nepal Project	Meals on Wheels
ATTENDANCE:	Vicky Donoghue Jenny Masters	Geoff Treloar Philip Cross	David Kennedy Margaret Keys
SHORT & SWEET:	Graham Russell (V2)	Margaret Keys	Jenny Masters
FINES-MASTER:	Don Pembleton	Mike Murray	David Payne
INTRODUCE SPEAKER:	N/R	John Studdert	Nepal Ghosh
VOTE OF THANKS:	N/R	Peter Veerhuis	Lyndall Seymour
BULLETIN REPORTER:	Gerry Page	David Kennedy	Bryan Short
MEETINGS:	Board Meeting		

Invocation: For good food, good fellowship, and the opportunity to serve through Rotary, we give thanks.

Registration For Meetings: Members are required to register their attendance (and that of any guests) **BEFORE NOON ON THE MONDAY PRIOR TO THE MEETING <u>using the link in the email</u> that they receive each week. Failure to respond to the email by the deadline will mean no meal will be ordered for you. Members who have problems with registration should not hesitate to contact Graeme or Vicky.**

Visitors who wish to join us please contact Club Sergeant Graeme Callander (graeme.callander43@gmail.com), or phone Vicky on 0407 586186 as early as possible.

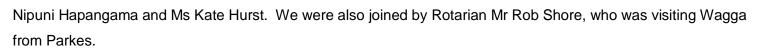
Upcoming meetings:

Next Meeting 27th April The RSL Club is not available So we meet at the Book Fair Shed Copland St.

MEETING REPORT Thursday 20th April: .

On the stroke of 6.30pm President David called the meeting to order inviting 39 members and guests to stand and recite the invocation and to toast 'The ANZACS'.

This year, our Club sponsored a scholarship program for medical students who are studying at the Rural Medical School in Wagga. Three students each year (for the next three years) will receive a contribution towards the costs the students incur in travelling to present their research findings. Our Club guests this week were Dr Rashid Hashmi (Director of Medical Education, UNSW Rural Medical School Wagga Campus), his wife Harumi and two recent recipients of the scholarship—Ms



Administration Matters.

- Next week's meeting will be held at our Club Headquarters—'The Book Shed' as the RSL venue is
- unavailable. Please use the RSVP process so that our BBQ gurus can cater with certainty.
- A short Board Meeting will follow this week's meeting.
- The Pro Patria Open Day BBQ was successful. Hopefully a total north of \$600 will be able to be donated.
- ANZAC Day volunteers were called for to assist with program distribution at the Victory Memorial Gardens ceremony. Peter V, Elaine A, David W (and Deb), Marion M and Gary R answered the call. Rotary shirts/badges please. Meet on the corner of Victory Memorial Gardens and Baylis St at 9am. Duties will include placing programs on seats and then walking down Baylis St distributing flags to the crowds awaiting the March.
- RYDA (Rotary Young Driver Awareness) is fast approaching. Our usual day of Thursday (11th) has apparently been changed to Tuesday (9th). Stay tuned...... Ellen is on the case!!! We congratulate John Studdert who has stepped forward to be the 'driver' of the RYDA program from 2024.
- The <u>Pilot Regionalisation Project</u> has received funding approval from Rotary International. We await further developments.
- 24th June is the date for the <u>Multicultural BBQ</u>. We will need a large roster of volunteers shortly. Please put it in your diary and be prepared to assist.
- Any member interested in <u>NYSF</u> (National Youth Science Forum) is invited to participate in a Q & A event via ZOOM at 6.30pm Sunday 23 April. Contact President David for details of the link for this meeting.
- Philip Cross informed members that our Club has received a "Level 1 Club Annual Donor Award". This award recognises Rotary Clubs that have, during the Rotary Year, supported "The Rotary Foundation" with contributions funded from their own programs and activities which equate to \$US100 per member. Well done us!!!



- Rotary Club of Wollundry <u>Photographic Competition</u> is currently open. An exhibition of entries will commence with a grand opening event on Friday 12 May at 7pm at 70 Fitzmaurice St. Interested? You should have an invite from John Egan.
- <u>Upcoming programs</u> were outlined by David Cannon who has been working hard (with several others) to attract an interesting and varied array of 'guest speakers'. A couple of 'slots' are still vacant in the next months. Please speak to David if you are able to assist with inviting people of interest.
- The <u>Clontarf Roster</u> for the next term is filling nicely with our first week being Friday 5th May (David P), and is set out below. Any other members who wish to participate can advise Vida Smart. Note that, if a Friday Brekkie is cancelled, Clontarf are now contacting our rostered members directly by mobile to let them know.

CLONTARF Friday breakfasts Mount Austin Term 2

Friday 5 th May @0800 Hrs	David Payne -	
	David Payrie -	
Friday 12 th May @ 0800 Hrs	Peter Veerhuis -	
Friday 19 th May @ 0800 Hrs	ROTARY BOOK FAIR PREP	
Friday 26 th May @ 0800 Hrs	David Wynne -	David Cannon -
Fri 2 nd June @ 0800 Hrs	Tony Hutchinson -	
Fri 9 th June @ 0800 Hrs	Peter Olsen -	
Fri 16 th June @ 0800 Hrs	David Friedlieb -	
Fri 23 rd June @ 0800 Hrs	Lyndal Seymour -	
END OF TERM TWO is	Friday 30 th June 2023	

Only one Rotarian need visit each week, but if you would like to take part, select a date from column 2 above and advise Vida. Entrance to Mount Austin Car Park is on Leavenworth Drive. (1st Car Park on left if coming from Lake Albert Road). The Clontarf Room can be seen from the car park as you look towards the school building. The BBQ itself is usually just outside the Clontarf Classroom.

Visiting Rotarian Robert Shore

Rob was until very recently the President of the Parkes Rotary Club. He is in the process of moving to the South Coast, where he has already become a member of RC Bateman's Bay. He was a motivating force in Rotary's response to the flood disaster that devastated the town of Eugowra in December last year. He and Parkes Rotary have produced the 'Parkes YouTube Library'. He is the District 9705 Chair of Shelterbox, and is currently



the 'Membership and Innovation' Director for our District. He enjoys 'being on the road' and is visiting many clubs with the aim of advertising his availability to be of assistance to Clubs in any way he can.

Fines-Master Session.

Gary Roberts extracted funds from all and sundry firstly by catching out those who were not aware of when and where Paul Harris was born. (*President David piped up as quick as a flash with the correct answer: 19 April 1868, in Racine Wisconsin.*) He also commented on the success of the Pro Patria Open Day and fined all those who did not attend. Briefly changing hats, Gary informed members that the 'FlipScreen' machine which was donated as part of our 'Ukraine' effort in September last year has now been manufactured and transported to Brisbane to be ready for shipping. He also promoted the benefits of attending the Rotary International Convention to be held in Melbourne at the end of May.

NB: No loose change??? It is now possible to choose to pay fines via EFT.....any amount you choose!!

Short & Sweet.

Graham Russell shared a chapter of his family history with members this week. Graham's maternal grandmother was born in 1881 and around the turn of the century she fell in love with a young man named Harry Stear. Their plans for an engagement and subsequent marriage were dashed when Harry was diagnosed with tuberculosis. He died in 1904. After the funeral, his brother gave her mother a package which had been Harry's. It contained a ring on which was inscribed 'Forget me not.' This young woman eventually married in 1911, and Graham's mother was born in 1918.



In the Pioneer Cemetery at Weetangera (ACT), are the graves of Graham's grandparents and other members of his family tree. And in a quiet spot not far away, in a grave which was for many long years only marked by a small metal enclosure, lies Harry Stear. His grave is now marked by a memorial plaque, placed in tribute to the words on the ring which was never worn.

Key-Note Speakers

Introduced by Alok Sharma, our guests for the evening were from the UNSW Rural Medical School, which was established in 2000 with the aim of increasing the number of doctors willing to work outside the big cities where medical schools are traditionally located.

We were privileged to have **Dr Rashid Hashmi**, Director of Medical Education, UNSW Rural Medical School Wagga Campus address us. In the early years of the Rural Med School, students undertook short rotations here, but now the majority of training is carried out here. He proudly stated that the number of medical students training in Wagga is steadily growing, with a good percentage being 'born and bred' locals who are keen to work outside the capital cities. Two such examples were with us for the evening. Both Wagga born, their roots run deep in the city. As part of their studies, the students

undertake a research project, and are required to present their findings to the wider medical community. Our Club provides funds to three students per year (*The Rural Medical Scholarship*) to help cover associated travel costs.

Nipuni Hapangama is a 6th year medical student *(completed HSC at TRAC in 2017)*. She has carried out extensive research into a condition called Adenomyosis. This is a 'women's disease', as it seriously affects the structure of the muscle wall of the womb, leading to severe and prolonged pain. Often the only method of relief is a hysterectomy. Her work has provided insight into how the disease infiltrates the womb and could provide the basis for better treatment and ultimately a way of preventing it.

who provide mental and physical 'first aid' in crisis situations.

Kate Hurst aspires to be an orthopaedic surgeon and commenced her medical studies at the School of Medicine, University of Notre Dame (based in Wagga) after completing a prior degree in Medical Science. Her research focused on 'Crisis Funding and the Impact on Wellbeing and Health Workforce Capability During Natural Disasters and Emergencies'. In a nutshell, her focus was on the rural clinicians/clinics

Twenty rural practices impacted by bushfire and/or drought were granted \$10,000 through the Rural Doctors Networks Grants Project for the implementation of wellbeing activities and processes to sustain workforce capabilities in emergencies, and the effect of this training.

Her aim was to assess the impact of this funding on the wellbeing and workforce capability of providers, and to identify recommendations for future support (so things are done better in the future.) A huge undertaking, this project involved sending surveys and conducting semi-structured interviews with representatives of all areas involved.... E.g. Rural clinicians, nurses, practice managers, mental health providers etc., then analysing the results.



It was found that rural health practices played a vital role in supporting their communities during emergencies and disasters, and their role expanded as they became a first point of contact for both existing and new patients as the emergency unfolded. The drain on physical medical supplies and staff fatigue made it hard to meet the demands, and staff felt uncertain that they had the training to provide the level of support that clients needed.

Overall, the participants noted that they would not have had access to further training without the grant. The training gave them skills and strategies to improve the care of both the clients and their own staff, and enabled upskilling which led to an expansion of the services they could offer. This research laid important groundwork for the continuation of the Grants Program.

Peter Olson thanked our speakers for their presentation, and they were delighted to be informed of our intention to immunise children against Polio on their behalf.

BOOK BOOK FAIR COUNTDOWN

Uplift is only **3 weeks** from this Thursday. We'll have flyers and posters available from this week's meeting on 27th April, for members to distribute around the town, and will circulate the Book Fair Roster the following week. Some other aspects will be looked at during our meeting this Thurs. at the Shed.

PLEASE BLOCK-OUT THE FOLLOWING DATES IN YOUR DIARY:

Tuesday 9th May 23 Our Rostered RYDA day (Might change to Thurs.?)

Thursday 18th May Book Fair Uplift 20/21 May 23 BOOK FAIR

24th June Multi-Cultural BBQ at Henschke School – 11am–3pm

29th June 23 Rotary Club of Wagga Wagga CHANGEOVER.

12th Jul 23 Lilier Lodge Casserole night.

13th Sept 23 Lilier Lodge BBQ night.

BIRTHDAYS & ANNIVERSARIES: -

Birthdays: Nil

Rotary Anniversaries: Alan Duffus (23/4/1992)

Wedding Anniversaries: Nil



(23 April to 29 April)



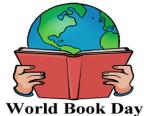
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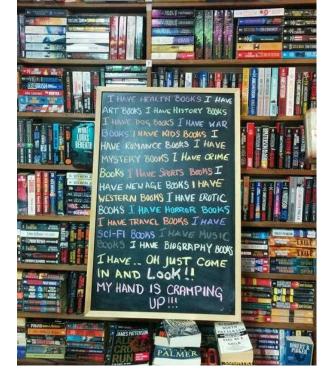


World Book and Copyright Day in 2023 Sunday, 23 Apr

World Book and Copyright Day seeks to raise awareness about the benefits of reading books.

World Book and Copyright Day was established in 1995 by UNESCO. It is observed annually on April 23rd, a date which remembers prominent authors such as Miguel de Cervantes, William Shakespeare, and Inca Garcilaso de la Vega, who died on that date.







A FEW SNAPS FROM THE NIGHT







